**Recommendations on conducting research Youth Rights Resource**

**COMPASS SOUTH AFRICA**

**Matlo a nakwana**

Go latela matlwana a nakwana a tshireletso a a phatlaladitsweng ke mmuso go letla batho ba ba dikobo magetleng ka nako e ya leroborobo.

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| **FREE STATE** | | | **Provincial contact persons**  Ms P Ramolehe/ Ms L Tubane  Tel: 051 409 0773 / 051 409 0585  071 857 4086 / 083 443 9055 |
| **NAME** | **AREA** | **SHELTER CONTACT PERSON** | |
| **Philani** | Xhariep | Tel: [011 851 2647](https://www.google.com/search?rlz=1C1GCEA_enZA858ZA858&sxsrf=ALeKk03zneigHiOEnDaHyJB_8T7UuIXcAQ:1588161196392&ei=dGqpXurFO4PSxgPshIfIBA&q=Philani%20shelter&oq=Philani+shelter&gs_lcp=CgZwc3ktYWIQAzIHCCEQChCgATIHCCEQChCgAToECAAQRzoHCAAQFBCHAjoCCAA6BggAEBYQHjoFCCEQoAFQ4YwDWIioA2DKqQNoAHABeACAAfMCiAGkEZIBBTItNy4xmAEAoAECoAEBqgEHZ3dzLXdpeg&sclient=psy-ab&ved=2ahUKEwjMw9O_yY3pAhXvRBUIHck-DiwQvS4wAHoECAwQDg&uact=5&npsic=0&rflfq=1&rlha=0&rllag=-26325015,27718423,2164&tbm=lcl&rldimm=619793838397819122&rldoc=1&tbs=lrf:!1m4!1u16!2m2!16m1!1e1!1m4!1u16!2m2!16m1!1e2!2m1!1e16!3sIAE,lf:1,lf_ui:2&rlst=f&safe=active&ssui=on)  Address: 4177 Thupiso Cres, Simunye, Westonaria, 1779 | |
| **Goldfields Family Advice Organization** | Lejweleputswa | Tel: 072 144 7171057 396 6153  Address: 9 Thabong Community Centre, Welkom | |

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| **WESTERN CAPE** | | | | **Provincial contact person**  R Botha  Tel: 021 483 4303 / 0829254916 | |
| **NAME** | **AREA** | | **SHELTER CONTACT PERSON** | | |
| **Bethlehem Child & Family Welfare** | Thabo Mofutsanyane | | Tel: 058 303 0222  Address: 30 President Brand Street, Bethlehem, Free State | | |
| **L' Abrie De Dieu Safe House** | Stellenbosch – Cape Winelands | | Tel: 021 883 2574  Address: 13801, George Blake St, Plankenbrug, Stellenbosch, 7600 | | |
| **Carehaven Centre** | Athlone- Metro South | | Tel: 021 638 5511  Address: Salvation Army Carehaven, Gatesville, Cape Town, 7764 | | |
| **Saartjie Baartman Centre for Women and Children** | Athlone- Metro South | | Tel: 021 633 5287  Address: Klipfontein Rd, Manenberg, Cape Town, 7764 | | |
| **Creating Effective** | Mossel Bay – Eden Karoo | | Tel: (044) 693 1092  Address: Alhof Street, D'Almeida Street, Mossel Bay | | |
| **Sisters Incorporated** | Kenilwoth – Metro South | | Tel: 021 797 4190  Address: 32 Ascot Rd, Kenilworth, Cape Town | | |
| **Sizakuyenza** | Philippi - Metro South | | Tel: 021 385 3005  Address: Corner of New Eisleben Road and, Mpumelelo St, Philippi, Cape Town | | |
| **Siyabonga-Huis van Danksegging** | Vredenburg - West Coast | | Tel: 022 713 5730  Address: Kleinplasie, 7380 Vredenburg, | | |
| **BPW Outeniqua Refuge for Battered Women and their Children (Phambili Refuge)** | George | | Tel: 044 875 1551  Address: 4 Glenwood Ave, 6529 George, Western Cape | | |
| **Ikhaya Le Themba** | Hout Bay | | Tel: 072 517 4100  Address: Erf 2843 Van Hoogstraten Street, Imizamo Yethu, Hout Bay, Cape Town, 7806 | | |
| **GAUTENG** | | | | | **Provincial contact person**  E Otto/ V Gantana  Tel: 011 355 7862 / 7995  079 891 5893 / 082 331 0843 |
| **NAME** | | **AREA** | | | **SHELTER CONTACT PERSON** |
| **Amcare** | | Alberton | | | Tel: 011 869 5856  Address: c/o Heidelberg and Ascot Rd,  1449 Heidelberg Rd, Newmarket Park,  Alberton, 1449 |
| **Leratong Place of Love** | | Springs | | | Tel: 011 363 1369  Address: 31 Oppenheimer Cir, Selection Park, Springs, 1559 |
| **People opposing Women Abuse** | | Ekurhuleni | | | Tel: 011 906 4259  Address: Vosloorus Rehabilitation Centre, 1620 Ditshego Street, Vosloorus, 1475 |
| **NISAA Institute** | | Lenasia | | | Tel: 011 854 5804  Address: 19 Link St, Lenasia, 2000 |
| **Eldorado Park Women's Forum** | | Eldorado Park | | | Tel: 011 945 6433 / 011 945 5599  072 950 7626  Address: No. 7 Komsberg Avenue, Extension 4, Eldorado Park, 1813 |
| **Youth for Survival** | | Pretoria | | | Tel: 082-256-0093 / 012-326-1236  Address: 11 Johannes Ramokhoase St, Pretoria Central, Pretoria, 0002 |
| **Bombani** | | Alexandra | | | Tel: 011 881 6021  Address: 8th Avenue, Rivonia, Sandton 2128, Gauteng |

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| **LIMPOPO** | | **Provincial contact person**  J Mphasha  Tel: 015 293 6141  084 487 7435 | |
| **NAME OF SHELTER** | **AREA** | | **SHELTER CONTACT PERSON** |
| **Huis Moroela** | Phalaborwa | | Tel: 015 781 5305  Address:29 Tambotie St, Phalaborwa, 1389, South Africa City of Limpopo |
| **Polokwane Khuseleka One Stop Center** | Polokwane | | Tel: 011 290 0006  Address: 9 Derrick Ave, Cyrildene, Johannesburg, 2198 |

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| **NORTHERN CAPE** | | **Provincial contact person**  P Qondani  Tel: 053 874 9263  079 527 5951 | |
| **NAME OF SHELTER** | **AREA** | | **SHELTER CONTACT PERSON** |
| **Bopanang One Stop** | Upington | | Tel: 0543323876/ 0798841834  Address: N/A |
| **Ethembeni Community and Trauma Centre** | De Aar | | Tel: 0543323876/ 0798841834  Address: 3 Friedlander Street, De Aar, Northern Cape, 7000 |

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| **NORTH WEST** | | **Provincial contact person**  D Maribeng  Tel: 018 384 5136  082 329 4196 | |
| **NAME OF SHELTER** | **AREA** | | **SHELTER CONTACT PERSON** |
| **Grace Help** | Mooinooi in Bojanala District | | Tel: 014 574 3476/ 072 348 6526  Address: Rustenburg Rural, Rustenburg |
| **Madikwe Crisis Center** | Madikwe in Bojanala district | | Tel: 013 766 3106/ 073 201 2292  Address: N/A |
| **Moremogolo Crisis Centre** | Utlwanang | | Tel: 073 611 9964  Address: 2215 Lehututu Street, Utlwanang, Christiana, 2680 |
| **Mothutlong Network** | Madibeng in Bojanala | | Tel: 082 754 746  Address: Stand no 2387, extension 01, Mothotlung, Brits, North West |

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| **EASTERN CAPE** | | **Provincial contact persons**  N. Kobese / M. Mphuthing  Tel: 043 605 5171 / 043 605 5172  079 693 2105 / 0796932229 | |
| **NAME OF SHELTER** | **AREA** | | **SHELTER CONTACT PERSON** |
| **Mtshazi Safe Home** | Peddie | | Tel: 078 361 3408 / 083 623 8543  Address: Mnambithi Location, Mtshazi, A/A Mount Frere, Eastern Cape, 5090 |
| **Khanyisa Daycare Centre** | Graaff-Reinet | | Tel: 049 892 4466  Address: 2211 Main Road, 6280 Graaff-Reinet |
| **Ikhwezi Women Support Centre** | Cathcart | | Tel: 045 843 2110  Address: 14 Hemming Street, Cathcart, South Africa |
| **On Eagles Wings Centre** | Jeffreysbaai | | Tel: 042 293 3985  Address: 14 Duine Street  Jeffreysbaai, Eastern Cape, South Africa |
| **Maclear Community-Based and Safe Home** |  | | Tel: 073 108 5885  Address: 13 Station Street, Maclear, Mount Fletcher, 5480 |

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| **MPUMALANGA** | | **Provincial contact persons**  R Mothilal / G Mazibuko  Tel: 013 766 3362  082 335 3820 | |
| **NAME OF SHELTER** | **AREA** | | **SHELTER CONTACT PERSON** |
| **Moses Sihlangu Health Care Centre - Centre for Street Kids** | White River | | Tel: 073 471 7990  Address: Stand No. 1207, Kabokweni, 1245 |
| **Child Welfare South Africap - eMalahleni** | Witbank | | Tel: 013 656 2471  Address: 40 Jellicoe Street, Extension 10, Witbank, 1035 |
| **Cosmos Children’s Haven** | Kriel | | Tel: 017 648 3064  Address: 36 Edwill Street, Kriel, 2271 |
| **Mpumalanga Leadership Foundation (MLF) and Nelspruit Community Forum (NCF)** | Mbombela | | Tel: 082 772 6396 / 082 929 9582  Address: |

**ORGANISATIONS**

The below is a non-exhaustive list of organisations assisting vulnerable people and children during the Covid-19 pandemic.

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| **ORGANISATIONS ASSISTING WITH FOOD BANKS, ESSENTIAL ITEMS, AND SAFE SPACES** | | | | |
| **ORGANIZATION** | **SERVICES PROVIDED** | **AREA** | **CONTACT INFO** |
| 1. **Limpopo Food Bank** | The Limpopo Provincial Command Council has taken a decision to establish a Provincial Food Bank to ensure that there is fair distribution of food parcels to the households that have been identified as vulnerable during the COVID-19 lockdown period. | Limpopo | Tel: 015 223 2770 |
| 1. **Capricorn District Food Bank (District of Limpopo)** | The food bank is a co-operative initiative between government, aid organisations and business which is aimed at centralising the distribution of food parcels and protective materials in a transparent and fair way. One of the ways in which Covid-19 is fought is through addressing food security. | Limpopo | Telephone: 015 294 1000  Manager: 082 302 0566 |
| 1. **Food Forward SA** | They source, collect, and store edible surplus food from the supply chain and redistribute this food to registered Beneficiary Organisations (BOs) across South Africa that use the groceries to prepare meals. | Across South Africa | 1. Tel: 015 223 2770   Address: <https://foodforwardsa.org/> |
| 1. **One Small Act of Kindness** | 1. During the outbreak, the organization has extended their services that include food banks, soup kitchens, collecting clothing, donating masks etc. | Across South Africa | 1. Tel: 0825132042   ellyann.strydom@gmail.com  <https://www.facebook.com/Onesmallact1/> |
| 1. [**Gift of the Givers**](https://giftofthegivers.org/disaster-response/intervention-plan-for-covid-19/) | Gift of the Givers have created an intervention plan for Covid-19 that is augmenting public health services by supporting medical professionals with protective wear, supplying relevant essential medical equipment and providing medical consumables to the institutions in urgent need. They are further assisting in providing affordable Covid-19 tests, handing out sanitisers, and feeding schemes, to name a few of the services they are providing. | Across South Africa | SA National Call Centre  Toll Free Number: 0800 786 911  Email: [info@giftofthegovers.org](mailto:info@giftofthegovers.org)  **Pietermaritzburg**  290 Prince Alfred Street  **Durban**  Office: 563 Ridge Road, Overport  Warehouse: 8 Mzimkhulu Drive, Dube TradePort, King Shaka Intl Airport, La Mercy  **Lenasia**  Signet Office Park, Block A, Cnr Hummingbird & Guinea Fowl Street, Ext 1, Lenasia  **Johannesburg**  22 Orchard Road, Chrystal Gardens, off Corlett Drive, Bramley.  **Cape Town**  4 Arbeidsweg, Belthorn Estate |
| 1. [**Food for Life**](https://www.fflsa.org/) | Food for Life is serving free meals to all volunteers serving at local clinics, and families and persons in townships.  They are a non-sectarian and non-discriminating organization that respects all religions and cultural traditions and has volunteers from all religious and racial backgrounds who are involved in programs all over the world. | 1. Across South Africa | 1. Tel: +27 31 811 1108 2. Address: Centre Road Mega Kitchen Project   2 Centre Road  Newlands  Durban  [info@fflsa.org](mailto:info@fflsa.org) |
| 1. [**Woza Moya**](https://www.wozamoya.org.za/) | They are creating masks for the public to purchase whereby the funds are going back into the organisation and support all of the persons in their care.  Home-based Care, Child and Youth Care, Food Security, Paralegal services, Youth and Media; and WASH (Water Sanitation and Hygiene) | Kwa Zulu Natal | Tel: +27 39 834 0023  27 72 193 3945  Address: Woza Moya Community Centre  District Road D634, Ixopo |
| 1. [**National Homeless Network**](http://homeless.org.za/national-homeless-network/) | The National Homeless Network is a movement that brings together over a dozen organisations in eight cities across South Africa.  It includes practitioners, NGOs, FBOs, CBOs, local homeless forums, activists, academics, and most importantly current and former homeless individuals. It also partners with various government institutions and departments. | Across South Africa | [national-network@homeless.org.za](mailto:national-network@homeless.org.za) |
| 1. [**Denis Hurley Centre**](http://www.denishurleycentre.org/) | The Denis Hurley Centre is working in partnership with [We Are Durban](https://wearedurban.com/) and other NGOs to support the eThekwini Homeless Task Team’s response for COVID-19, this includes  Basic medication  Withdrawal medication  Food items  Hygiene products  Recreational items | Durban | 1. Tel: +27 31 301 2240   Address: 2 Cathedral Road  Durban, 4001  [info@denishurleycentre.org](mailto:info@denishurleycentre.org) |
| 1. **Sizani Foods.** | Their main division is [feeding scheme supply](https://www.sizanifoods.com/feeding-scheme-division), where they supply more than 120 000 meals each day to beneficiaries, through our feeding scheme partners in Southern Africa. | 1. Johannesburg | 1. Tel: 010 594-7546 2. 083 799 5471   Address: Sizani Foods Pty Ltd 29 Kyalami Blvd Kyalami, Business Park, Kyalami Gauteng South Africa   1. [info@sizani.co.za](mailto:info@sizani.co.za)   [brian@sizani.co.za](mailto:brian@sizani.co.za) |
| 1. **ACFS** | Schools have been closed for over a week already; for many of our children in the townships, this has resulted in the loss of at least one meal they could depend on every day.  To fill the gap, they are putting together weekly food hampers that their beneficiaries will be able to collect from theur Nutrition Centres every Friday. This will ensure they at least have essential foodstuffs in the home.  There are 13 community centres in Soweto, Alexandra, Kagiso, Thembisa and Tsakane, where food is prepared and served to pre-schoolers and school children who have been identified as being at risk. Each centre has a well established communal food garden, where volunteers from the community grow vegetables for the feeding scheme, as well as for their own use. | Johannesburg | 1. Tel: 011 – 839 2630 2. Address: Children’s Memorial Institue 13 Joubert Street, Braampark Parktown 2001 Johannesburg   [info@acfs.org.za](mailto:info@acfs.org.za) |
| 1. **MySchool (card)** | The MySchool MyVillage MyPlanet fundraising programme is one of South Africa’s biggest community programmes. We raise funds for schools, charities and environmental organisations through a card system that allows supporters to raise funds for their beneficiary (school or charity) every time they shop at our partner stores. Partners make a contribution, on behalf of the supporter/cardholder, towards the beneficiary they have selected | 1. Across South Africa | Tel: 0860 100 445  Address: Virtual Market Place - MySchool Atlantic House Building (Floor 6) 16 Cnr of Corporation & Longmarket Street, Cape Town, 8000   1. [cs@myschool.co.za](mailto:cs@myschool.co.za) |
| 1. **St John’s South Africa** | 1. St John is a leading international supplier of first aid courses, first aid kits and community health care training. We are dedicated to improving the health, safety and quality of life for all South Africans through the provision of First Aid and Community Health training, Eye Care and various community projects.   Specifically they are supporting the Lambano Children’s Santuary. | 1. Johannesburg | 1. Tel: 011 403 4227   Address: 220 Jan Smuts Avenue Dunkled Johannesburg 2196 |
| 1. **Joint Aid Management** 2. **JAM** | 1. JAM SA is currently feeding over 120 000 children in more than 2500 centres in 9 provinces across the country (Gauteng, Limpopo, KwaZulu-Natal, Eastern Cape, Western Cape, Free State, North West, Northern Cape and Mpumalanga | 1. Johannesburg | Tel: 011 548 3943  Address: 1111 Plot 123 Marina St, Nooitg 943 |
| 1. **Feed SA Tummies** | 1. FEED SA feeds around 6 500 people a day and has successfully set up crèches, feeding schemes and classrooms in townships across South Africa. In response to the Covid-19 outbreak they extended their services, for example, have set up feeding stations and are handing out food parcels. | Across South Africa | Address: <http://www.feedsa.co.za/covid19-action-plan/>   1. [romi@feedsa.co.za](mailto:romi@feedsa.co.za) |
| 1. **Rays of Hope** | 1. This is a non-profit company and public benefit organization managing a number of social outreach projects in Alexander Township | 1. Johannesburg | 1. Tel: 011 784 6214 2. Address: Cnr William Nicol Drive & St Andrews Road Hurlingham   info@raysofhope.co.za |
| 1. **Food Forward** | 1. FoodForward SA connects a world of excess to a world of need by recovering quality edible surplus food from the consumer goods supply chain and distributing it to community organisations that serve the poor. More than 80% of the food recovered is nutritious food. | Across South Africa | 1. Tel: 011 822 4524   Address: Nywerheid Street Tunney Ext 7 Germiston 1406  navin@food forwardsa.org |
| 1. **Afrika TIKKUM** | 1. Providing education, health and social services to young people and their families | 1. Johannesburg | Tel: 011 325 5914   1. Address: Ground Floor 57 6th Road Hyde Park, Johannesburg   info@afrikatikkun.org |
| 1. **Gauteng Together** | *Gauteng Together* will mobilise ordinary people to initiate Community Action Networks (CAN) in their neighbourhoods; to identify community needs, and to work towards addressing them through co-ordinated, localised action. CANs can be constituted by several volunteers from a locality, a civic structure, a religious institute or any other community-based organisation. Local organisations already doing relief work can also register as a CAN. | Gauteng | Address: <https://www.facebook.com/gautengtogether?_rdc=2&_rdr> |
| **Cape Town Together CAN** | 1. Through CAN, people in different areas all over the metro, and beyond have formed groupings to support each other. In some cases, wealthier neighbourhoods are helping poorer communities.    Local CANs are helping these kitchens uphold hygiene standards by adhering to strict hand washing, wearing masks, and keeping a safe 1.5m distance from one another.  In some instances, like in Bonteheuwel, the local CAN is linked to the Bonteheuwel Joint Peace Forum who qualify for permits already. In others, there is good coordination with local CBOs or NGOs. The Hout Bay CAN, for instance, works with a couple of dozen local NGOs to distribute food | Across the Western Cape | Contact: <https://www.facebook.com/groups/CapeTownTogether/> |
| 1. **The Peninsula School Feeding Association (PSFA)** | 1. The organisation raised more than R1.2-million to [feed 9,000 households](https://www.dailymaverick.co.za/article/2020-04-03-thousands-of-food-parcels-for-families-in-need/) with packs which contained samp and beans, rice, mealie meal, peanut butter, lentils, tinned pilchards, self-raising/cake flour, fish oil and sachets of soup mix. | Cape Town | Tel: (21) 447 6020  Address: 26 Purdey Road, Sheffield Business Park, Philippi, 7750 |
| **Green Door** | 1. They offer support and temporary shelter to victims of domestic violence including children. They are handing out food parcels and essential items that are needed by women and children. | Diepsloot | Tel: 065 247 3643  Address: Ext 3390, 6 Lemon Cres Street, Diepsloot, Johannesburg  [brownlekekela@gmail.com](mailto:brownlekekela@gmail.com) |
| **Witkoppen Clinic** | Witkoppen NPO provides primary healthcare & social welfare services to the residents of informal settlements in the far northern suburbs of Johannesburg.  During the outbreak, they are handing out essential goods, including medical supplies, and food parcels. | Northern areas in Johannesburg | Tel: 011 705 2438 |
| **Massimo's** | Food parcels are handed out to families in need during the outbreak, including donating money to animal organisations. | Hout Bay | Tel: 021 790 5648  Address: Oakhurst Farm Park, Main Rd 7806 Hout Bay, Western Cape, South Africa |