

YOUTH RIGHTS RESOURCE COMPASS SOUTH AFRICA

July 3 2020

ICompass yaseNingizimina Afrika inika ulwazi olubaluleke kakhulu kubantu abasengozi nentsha kulesisimo salolubhubhane lwetsholongwane iCorona. Bhekisa kwiTracker yaseNingizimu Afrika mayelana nolwazi oluthexaxa lwezindawo zokufihla inhloko nezinhlangano ezenzelwe izinhlelo zokulwa nalolubhubhane nokuphumuza imiphakathi nabantu ngabanye, abaludinga kakhulu lolusizo.

AMAZINGA

Ngemuva kwangoLwesine 30 Ephreli, iNingizimu Afrika yaqala kabusha kancane kancane ukuvula ezomnotho. Lokhu kusho kusho ukuvulwa komnotho ngokuqaphela.

Kuzoba namazinga ehlukeni wesifundazwe, owesifunda nowama-metro abekwe ngokuya ngenani labantu athelekile. Lokhu kuzoqinisekisa ukuthi impendulo yalolubhubhane iqonde ngqo futhi ihlosiwe.

Izinga 5: Izinyathelo ezinamandla ziyadingeka ukuqokatha ukusasazwa kwalolubhubhane ukusindisa izimpilo.

Izinga 4: Emlnye yemsebenzi ivunyelwe ukwenziwa ngokuncike ekuqaphelweni okwedlulele okudingekayo ukukhawula ukuhanjiswa komphakathi kwalolubhubhane kanye nokuqubuka kwalo.


Izinga 3: ILokhu kubandakanya ukwehliswa kwemikhawulo ethile, kufaka phakathi umsebenzi nezenhlalo, ukubhekana nengozi enkulu yokudluliselwa kwalolubhubhane.

Level 2: Ukulwa okwengeziwe kwemikhawulo, kepha kusenziwa ukuqhelelana kanye nemikhawulo kokuzilibazisa okuthile kanye nezinto zokuncebeka, ukuvikela ukubhebhethaka futhi kwaleligciwane.

Level 1: Imisebenzi ejwayelekile kakhulu ingaqhubeka futhi, ngokuqapha kanye nemihlahlandlela yezempilo elandelwa ngaso sonke isikhathi.



Summary of alert levels

ALERT LEVEL 5	ALERT LEVEL 4	ALERT LEVEL 3	ALERT LEVEL 2	ALERT LEVEL 1
 OBJECTIVE				
Drastic measures to contain the spread of the virus and save lives.	Extreme precautions to limit community transmission and outbreaks, while allowing some activity to resume.	Restrictions on many activities, including at workplaces and socially, to address a high risk of transmission.	Physical distancing and restrictions on leisure and social activities to prevent a resurgence of the virus.	Most normal activity can resume, with precautions and health guidelines followed at all times. Population prepared for an increase in alert levels if necessary.

WHATSAPP SUPPORT
0600 123 456
EMERGENCY NUMBER
0800 029 999
sacoronavirus.co.za



UKUPHEPHA

NGINGAYITHOLAKUPHI INDAWO YOKUFIHLA INHLOKO

UHulumeni waseNingizimi Afrika unenqubo zokwakha izindawo zokufihla ihloko okwesikhashana zabantu abanganamakhaya, kubona okufaka abantu besifazane, izingane nabantu abasengozini. Umnyango kaHulumeni wokuhlaliswa kwabantu unenqubo yokumisa izindawo zokufihla izinhloko zesikhashana njengoba iningi lezindawo zokufihla inhloko ezikhona zigcwele.

Uhlu lwazo zonke izindawo zokukhosela ezikhona zingatholakala kwiTracker yaseNingizimu Afrika.

INGABE UHLELO LWEZENHLALAKAHLE YABANTWANA LISASEBENZA FUTHI NGINGALUTHOLAPHI USIZO

Uhlelo lwezenhlalakahle zabantwana lusasenza, ikakhulukazi ngoba uHulumeni waseNingizimu Afrika ulubona njengenkonzobalulekile.

Teddy Bear Clinic

ITeddy Bear Clinic iphakamisa izimvo zabo kakhulu ngalesisikhathi sokuvalwa thaqa kwezwe kanye nokwazisa umphakathi ngezinkonzobalulekile. Izinkonzobalulekile zifaka inkonzobalulekile yokweseka, ucwaningo, ukuhlola ngokwengqondo, ukwelulekwa ngezokwelapha kanye nokweseka nokulungiselela ikantolo.

<http://ttbc.org.za/>

Ucingo: 011 484 4554 (Amahora ehhovisi wodwa)

Johannesburg Child Welfare

Uhlelo lwezenhlalakahle zabantwana lwaseGoli linika izinkonzobalulekile eziningi kubantu abahlukumezekile, abalahliwe, abanganakiwe, abayizintandane kanye nabantwana abasengozini (okubalwa kubo laba abathelekile noma abasuleleke ngegciwane lwengculazi eGoli).

<http://jhbchildwelfare.co.za/>

Ucingo: 011 298 8500

Ezinye izinombolo ezisebenza usuku lonke

Childline - 0800 055 555 (Amahora onke osuku)

SAPS - 10111 (Amahora onke osuku)

KUMELE NGENZENJANI UMA KUMELE NGIBALEKE KUMNAKEKELI WAMI NOMA UMNDENI?

Kuzomele uye esikhungweni samaphoyisa esiseduze nawe noma isikhungo sokuphepha. Umuntu oshiya indlu yakhe noma ngasiphi isizathu kunaleso sokuthola ukudla noma imishanguzo, ukufuna usizo ngezokwelapha noma ukuthola isinxephezelo sikaHulumeni, uzobe engawuthobeli imithetho yeNational Disaster Act and Regulations yobhubhane lwetsholongwane iCorona, buka la [click here](#).

Ungalandela lesisixhumanisi ukuthola iminingwane yesikhungo samaphoyisa esiseduzane nawe [contact details of your nearest Police Station](#).

EZEMPILO

NGINGALITHOLUTHOLAPHI USIZO LWEZEMPILO?

INingizimu Afrika inohlelo lwezempilo zomphakathi oluhlukile koluzimele. Umuntu kungamele eyofuna usizo lwezenhlalakahle kwezinye izindawo uma kuwukuthi isibhedlela sithentekile ngalolubhubhane. Akukho ukuhlinzwa, ngaphandle kokuthi kuyisimo esiphuthumayo, akukho ukuvakashelwa kweziguli, ngaphandle uma kukhethwa amacala, nezibhedla manje sekukhona amawadi aqokiwe, elapha kuphela iziguli zalolubhubhane.

Sicela ubheke izixhumanisi ezingezansi:

[Primary health care facilities and services in South Africa](#); and
[All hospitals in South Africa](#)

YIZIPHI IZIBHEDLELA EZIBEKELWE UKWELAPHA LOLUBHUBHANE LWETSHOLONGWANE ICORONA?

<u>Gauteng</u>	Charlotte Maxeke Hospital Ikheli: Parktown, Johannesburg, 2193 Ucingo: 011 488 4911
-----------------------	---

	<p>Steve Biko Hospital Ikhelis: Steve Biko Road & Malan St, Prinshof 349-Jr, Pretoria, 0002 Ucingo: 012 354 1000</p> <p>Tembisa Hospital Ikheli: 539-541 Reverend R.T.J. Namane Dr, Hospital View, Tembisa, 1632 Ucingo: 011 923 2000</p>
<u>Kwa-Zulu Natal</u>	<p>Grey's Hospital Ikheli: The Msunduzi, Town Hill, Pietermaritzburg, 3201 Ucingo: 033 897 3000</p>
<u>Eastern Cape</u>	<p>Livingston Hospital Ikheli: Lindsay Rd, Industrial, Port Elizabeth, 6020 Ucingo: 041 405 9111</p>
<u>Western Cape</u>	<p>Tygerberg Hospital Ikheli: Francie Van Zijl Dr, Tygerberg Hospital, Cape Town, 7505 Ucingo: 021 938 4911</p>
<u>Limpopo</u>	<p>Polokwane Hospital Ikheli: Cnr. Hospital & Dorp St, Polokwane, 0699 Ucingo: 015 287 5000</p>
<u>Mpumalanga</u>	<p>Rob Ferreira Hospital Ikheli: General Dan Pienaar Street, Nelspruit, 1201 Ucingo:013 741 6282</p>
<u>North West</u>	<p>Klerksdorp Hospital Ikheli: John Orr St, Naserhof, Klerksdorp, 2571 Ucingo: 018 406 4600</p>
<u>Free State</u>	<p>Pelonomi Hospital Ikheli: 121 Dr Belcher Rd, Heidedal, Bloemfontein, 9301 Ucingo:051 405 1911</p>
<u>Northern Cape</u>	<p>Kimberley Hospital Ikheli: 114 Du Toitspan Rd Ucingo: 053 802 9111</p>

NGINGALUHLOLELA KUPHI LOLUBHUBHANE LWENTSHOLONGWANE ICORONA??

INational Health Laboratory Service, ngokubambisana noMnyango Wezempilo Kazwelonke, isisungule izikhungo ezihambayo zokuhlola ezweni lonke; zizongena emiphakathini ekude nezindawo eziklanyelwe ukuhlolwa.

Izikhungo ezingezansi zokuhlola ezine-** eceleni kwazo zixhaswa nguhulumeni. Uyacelwa uqaphele ukuthi okungezansi akusizona zonke izikhungo zokuhlola

<p><u>Gauteng</u></p>	<p>** Charlotte Maxeke Hospital Parktown, Johannesburg, 2193 Ucingo: 011 488 4911</p> <p>** Steve Biko Hospital Steve Biko Road & Malan St, Prinshof 349-Jr, Pretoria, 0002 Ucingo: 012 354 1000</p> <p>** Tembisa Hospital 539-541 Reverend R.T.J. Namane Dr, Hospital View, Tembisa, 1632 Ucingo: 011 923 2000</p>
<p><u>Kwa-Zulu Natal</u></p>	<p>** Inkosi Albert Luthuli Central Hospital 800 Vusi Mzimela Rd, Umkumbaan, Durban, 4091 Ucingo: 031 240 2794 UMsombuluko kuya kuLwesihlanu 07:00 – 19:00</p> <p>Pmb Midlands Ground Floor, Midlands Medical Centre, 162-166 Masukwana St, Pietermaritzburg, 3201 Ucingo: 033 2644340 UMsombuluko kuya kuLwesihlanu 08:00-17:00 UMgqibelo 08:00-13:00</p> <p>Teleradio building *Drive through site* 73 Carlisle Street Ucingo: 031 3086500 UMsombuluko kuya kuLwesihlanu 8:00-17:00, Sat 8:00-13:00</p> <p>Shelly Beach Shop 7b, Shelly Boulevard Centre, Shelly Beach Izincingo: 039 6820117/0148 UMsombuluko kuya kuLwesihlanu 08:00-17:00 UMgqibelo 08:00-13:0013</p>

<u>Eastern Cape</u>	<p>NHLS Port Elizabeth Virology Cnr Buckingham & Eastbourne Road, Port Elizabeth, 6001 Izincingo: 041 395 6120/6126 UMsombuluko kuya kuLwesihlanu 07:00 – 19:00 UMgqibelo: 08:00-12:00</p>
<u>Western Cape</u>	<p>** Groote Schuur Academic Hospital Main Rd, Observatory, Cape Town, 7925 Izincingo: 021 404 5201/ 021 404 5116 07:30 – 17:00 Amahora angelulwa kuya ngesidingo.</p> <p>** Tygerberg Academic Hospital Francie Van Zijl Dr, Tygerberg Hospital, Cape Town, 7505 Ucingo: 02 938 9354 06:30 – 9:00 (Zonke izinsuku zesonto)</p>
<u>Limpopo</u>	<p>Lephalale Corner Joe Slovo and Drif Street, Shop L 2 Sunset Point Plaza</p> <p>Ucingo: 014 7631241 UMsombuluko kuya kuLwesihlanu 07h00–18h00, uMgqibelo 07h00-12h00</p> <p>Thabazimbi 13th Avenue Carpe Diem Centre Ucingo: 014 7721448 UMsombuluko kuya kuLwesihlanu 08:00–17:00 UMgqibelo 08:00-12:00</p> <p>Polokwane *Drive through site* 4A Grobler street, Polokwane Central Ucingo: 015 2940400 Usuku lonke</p> <p>Tzaneen 71 Wolksberg Road, Ivory Tusk Lodge Ucingo: 015 3074849 Usuku lonke</p>
<u>Mpumalanga</u>	<p>Standerton depot Cnr Kerk & Princess, Central Park number 5, Standerton Ucingo: 017 71223749 UMsombuluko kuya kuLwesihlanu 08:00–17:00 UMgqibelo 08:00-12:00</p> <p>Urgent Care</p>

	<p>Unit 10C, Sonmed Suites, Cnr of Madiba Drive & Piet Retief St, Sonheuwel Ucingo: 013 7459000 UMsombuluko kuya kuMgqibelo 8h00–19h00, ISonto 10:00 – 19:00</p>
<u>North West</u>	<p>Rustenburg Main Laboratory 102 Kock Street, Rustenburg, 2999 Ucingo: 014 5978500 UMsombuluko kuya kuLwesihlanu 07h00–18h00, UMgqibelo 08h00-12h00</p> <p>Brits Shop 19 Safari Ctr, Van Velden St, Brits (012)2520308 UMsombuluko kuya kuLwesihlanu 07h00–17h00, Sat 08h00-12h00</p>
<u>Free State</u>	<p>** Universitas Hospital 1 Logeman Street Ucingo: 051 405 2834/ 051 405 3162 07:30 – 17:30 (Izinsuku zonke zeviki)</p> <p>Westdene *Ushayela udlule* President Steyn 66, Westdene, Bloemfontein. UMsombuluko kuya kuLwesihlanu 07:00-18:00, UMgqibelo kuya kwiSonto 08:00-13:00</p>
<u>Northern Cape</u>	<p>Kimberley 39 Mac Dougall St, El Toro Park, Kimberley, 8301 Ucingo: 053 8364460 for an appointment UMsombuluko kuya kuLwesihlanu 8:00 – 17:00</p>

YIZIPHI IZINSIZA EZIKHONA NGALESISIKHATHI SOBUNZIMA?

COVID - 19 PANDEMIC CALL CENTRES AND HOTLINES



Coronavirus Hotline: 0800 029 999	National Crisis Line: 0861 322 322	South African Police Service: 08600 10111	Reporting undue price increases: 0800 141 880	Child Line: 0800 055 555	Department of Home Affairs: 0800 601 190
Persons with Disabilities: SMS 'help' to 31531	Support to SMMEs in distress: 0860 663 7867	AIDS Helpline: 0800 012 322	Department of Trade and Industry: 080 000 6543	Suicide Helpline: 0800 567 567 OR 0800 456 789	Department of Water and Sanitation: 0800 200 200
GB VF - Related service complaints: 0800 333 177	PostBank Call Centre: 0800 53 54 55	Gender-based Violence Command centre: 0800 428 428 OR *120*7867# (free)	UIF Call Centre: 0800 030 007	Family Violence, Child Protection and Sexual Offences Unit: 0800 150 150	Department of Tourism: 0860 868 747
National Institute for Communicable Diseases: 0800 029 999	Women Abuse Helpline: 0800 150 150	National Human Trafficking Helpline: 0800 222 777	SASSA Call Centre: 0800 60 10 11	Presidential Hotline: 17737	WE ARE HERE TO HELP

WHATSAPP SUPPORT
0600 123 456
EMERGENCY NUMBER
0800 029 999
[sacoronavirus.co.za](https://www.sacoronavirus.co.za)



REPUBLIC OF SOUTH AFRICA



Isikhungo sezingcingo sikahulumeni samahhala :

- 0800 029 999

I-hotline yomtholampilo :

- 082 883 9920

Iqembu likaWhasApp lapho abantu baseNingizimu Afrika bengakhuluma khona ngalolubhubhane lwentsholongwane iCorona.:

- WhatsApp kule nombolo 060 012 3456 bese uthi 'Sawubona' ukuthi ungezwe eqenjini. Uzothola isaziso esikwamukelayo bese ungakhetha kumenyu ukuthi uluphi uhlobo lweminingwane oludingayo.

Umnyango wezempilo

- Ingosi yezokuxhumana yaseNingizimu Afrika yelolubhubhane lwentsholongwane yeCorona yenziwe, inikezela ukufinyelela olwazini lwezokwelapha, izindaba nokuvuselelwa, izinsiza, amaqiniso nemibuzo nezinombolo zokuxhumana. Uyacelwa ukuthi uqaphele ukuthi le webhusayithi ivimba ama-hyperlink futhi kuzodingeka ukopishe i-<http://www.sacoronavirus.co.za/> kwisiphequluli sakho sewebhu ukuze uyifinyelele.
- Ikhasi le "tool kit" lenziwe, linikeza ama-vidiyo okuthi ukwenza njani, kufaka phakathi ukugqoka ama-facemasks nokuthi ibukeka kanjani iyunithi yokuhlola ehambayo.

AMALUNGelo

NGINAMAPHI AMALUNGelo?

Akukho bantu abavunyelwe ukuba semgwaqweni, ngaphandle kokuthi bathole ukudla noma imishanguzo, bafuna ukunakekelwa kwezokwelashwa noma ukuyolanda imali yesibonelelo. AmaRegulations enziwe ngaphansi kweDisaster Management Act awachazi ngokusobala ukuthi kungenzeka yini ukuthi kuboshwe ingane engaphansi kweminyaka engu-18 ngesikhathi sokuvalwa kwezwe. Kungenzeka ukuthi ingane iyiswe esikhungweni samaphoyisa lapho umnakekeli wengane noma ilunga lomndeni lingayilanda khona.

Kubalulekile ukuthi uyazi imithetho ebekwe lapho kuvalwa izwe lonke, lesi sixhumanisi sibonisa yonke imithetho uhulumeni ayikhiphe futhi ibuyekwezwa njalo:

<https://sacoronavirus.co.za/>

NGISANGAKWAZI UKUTHOLA USIZO ENKANTOLO UMA NGILUDINGA??

Umuntu engaya enkantolo kuphela ngenxa yezindaba eziphuthumayo nezinesidingo futhi sekuthathwe nezinqubomgomo eziningi zempilo nezokuphepha.

Uma udaba luphuthuma futhi lubalulekile, ungangena enkantolo uma ungumuntu omangalelayo, ongumsolwa, ufakazi, ehamba nengane, isisulu sobudlova basekhaya noma ukuhlukunyezwa ngokocansi, abanye abakhubazekile, ilungu lomndeni noma ungumuntu okhubazekile noma uyilungu lezindaba.

Sicela uchofoze lana ukuze ubone inkantolo eseduzane nendawo yangakini:
<https://www.justice.gov.za/maps/maps.html>

EZEMFUNDO

NGINGAQHUBEKA NEZEMFUNDO ZAMI?

Izingane zaseNingizimu Afrika zinelungelo lokuthola imfundo yamahhala futhi uhulumeni ubeka imfundo ephoqelekile kuzo zonke izingane ezineminyaka ephakathi kwemihlanu kuya kweyishumi nesishiyagalombili. Njengoba kunobunzima kwezempilo, izikole zivaliwe kuze kube uNgqongqoshe Wezemfundo Eyisisekelo, u-Angie Motshekga (Motshekga). unika eminye imininingwane.

UNgqongqoshe Wezemfundo uhlongoze izindlela eziningana ezithathiwe ukwehlisa umthelela lolubhubhane lwetsholongwane iCorona esivele linawo ezinganeni zaseNingizimu Afrika. Umnyango usebenza nabalingani ababalulekile ekuxhumaniseni izinsiza zokusakaza ezibandakanya ikharikhulamu efanele ebangeni ngalinye, kugxilwe kakhulu kubafundi bebanga le-12. Lokhu kufaka phakathi ukusakaza kuthelevishini ifundo, izinhlelo zokusebenza ezitholakala ngokukhululekile kubafundi futhi zisakaza izifundo eziteshini zomsakazo womphakathi kulo lonke elaseNingizimu Afrika.

UMotshekga uthe usola ukuthi enye yezimo ezibi kakhulu kuzoba ukuvula kancane kancane amabanga asesimeni esibucayi kuze kube nguJuni, bese kuthi unyaka wezemfundo uphonswe ku-2021.

Usuku olulindelekile lokubuya kwabafundi bezikole eziphakeme selushintshile kuya ngokuthi:

1. ukulunga kwesikole ukuze sivule; nanokuthi
2. indawo lapho okukhona iskole (ukuthi ziwela phansi kwama-hotspot).

Izikole ezizimele zinokuzimela okwengeziwe ngokuthi zizovula noma cha ngoba aziyona ingxenye yomkhakha kahulumeni.

Izikole ezihlala zivulekile zingaphansi kwemigomo yezempilo kanye neyokuphepha kanye nokuqinisekisa ukuthi igciwane alisabalali ngaphakathi kwazo. Ezinye izifundazwe ezifana neWestern Cape, zenqabile ukuvula izikole.

IZINKUNDLA ZOKUFUNDA KWI-INTHANETHI

Izinkundla	Incazelo
<u>Khan Academy</u>	Lena yinkundla emahhala, ezika izinsiza eziningi zokufunda kubantu emhlabeni jikelele.
<p style="text-align: center;"><u>e-school portal</u></p> <p>* Lumahhala kubantu abasebenzisa UMTN noma uVodacom</p>	Lena inika uhlu lwezemfundo olubanzi kubantu abafunda amabanga aphansi kuya kumatikulentsheni.
<p style="text-align: center;"><u>Siyavula</u></p> <p>* Lumahhala kubantu abasebenzisa UMTN noma uVodacom</p>	Lena yona inhlangotho uzezemfundo etholakala kwezobuchwepheshe enika abafundi bamabanga aphezulu imibuzo yokuzijwayeza izibalo nesayensi. Ihinde ibe nezincwadi ezingafundwa ngabafundi kuloluhlu.
<u>UNESCO</u>	I-UNESCO inohlu lwamapulatifomu anganikela ngezinto zokufunda eziku-inthanethi, izincwadi zamahhala, amawebhusayithi kanye nezicelo zokufunda zezindawo ezihlukile zezifundo.
<u>Kahoot</u>	IKahoot uvulele izinsizakusebenza zamahhala zothisha ukuphendula ngokuqubuka kwalolubhubhane lwetsholongwane iCorona.
<u>Kidzearch</u>	I"Wiki for kids" ingumthombo omuhle wezingane ukucwaninga izifundo ezifana noMlando, iJografi, iZibalo neSayensi.
<u>African Story Book</u>	Ungangena ezinkulungwaneni zezincwajana zezithombe ezenziwe ngezilimi zase-Afrika ukuthuthukisa ukufunda nokubhala nokucabanga kwezingane.
<u>COL Resources (Secondary)</u>	Lana kukhona izifundo eziwu-17 zamabanga aphezulu, okusukela kwibanga lesi-10 ukuya kwibanga lesi-12, eyakhelwe ngokukethekile ukuzifundela.
<u>MIT BLOSSOMS (Videos)</u>	Lena yi Blended Learning Open Source Science or Math Studies (BLOSSOMS) onochungechunge lwezifundo ezisebenzisanayo ezivezwe ngefomethi yevidiyo etholakala kalula.
<u>Storyweaver</u>	Ukuthola izindaba ezingaphezu kuka-19,000 zokuthuthukisa ukufunda phakathi kwezingane ezitholakala ngezilimi ezingama-230.

<u>Department of Education</u>	UMnyango Wezemfundo usungule ingosi esekuninthanethi enezixhumanisi zezinto zokufunda, imultimedia kanye nezinto zokufunda zabafundi baseNingizimu Afrika.
<u>Advantage Learn</u>	Amavidiyo wokufundisa webanga lesi-8 kuya kwele-12 nezinsizakusebenza atholakala mahhala ngokuvalwa kwezikole. Iya ku- https://faidaagelearn.com/redeem bese ufaka ikhodi elandelayo ukuze uthole mahhala, uvuleke wonke amavidiyo wokufundisa wezibalo weBanga 8 kuya kwele-12 nezinsiza zokuzijwayeza. EducateDontContaminate
<u>Section 27</u>	Abafundi, abazali noma abanakekeli abadinga izinsiza zezemfundo ngalesisikhathi sokuvala izwe, bengathola zonke izinto zokufundisa lapha.
<u>Proverto</u>	Lensiza ivumela abafundi bamabanga beshumi nanye nabamatikulentsheni ukuba besebenzise imihlahandle yokufunda yabo mahhala.

NGINGALITHOLAPHI USIZO LWEZINKONZO EZIPHUTHAMAYO, UKUDLA KANYE NEZINYE IZINSIZA?

Zonke izinsiza eziphuthumayo, ukudla kanye nezinye izinsiza ziyathokala **kwiTracker yaseNingizimu Afrika**.